Oral health is an important contributor to overall health and well-being, and thus needs to be properly defined, assessed, managed and promoted. However, an understanding of what is meant by, and the implications of, oral health may differ among different stakeholders.

FDI’s definition is an attempt to propose a universally applicable and acceptable definition of oral health to:

- more clearly position oral health within health
- demonstrate that oral health does not occur in isolation, but is an important part of overall health and well-being
- raise awareness of the different dimensions of oral health as a dynamic construct and empower patients by acknowledging how individual’s values, perceptions and expectations impact oral health.
- Importantly, this definition lays the foundation for the future development of standardized assessment and measurement tools.